

10% off Set of Yoga Classes for Bridgewater Residents **with this Flyer!**

- We are a Yoga/Wellness center located at 1300 Prince Rodgers Ave in Bridgewater, NJ.
- We offer Yoga to adults, seniors, prenatal, kids, and teens.
- Our mission is to provide Yoga for everyone in a safe and gentle way so its benefits can be enjoyed by all.
- Yoga improves strength, balance, flexibility, and tone. Mentally, you will improve your mood, focus, anxiety, and stress.
- In addition to Yoga, we offer Reiki certification classes, Reiki shares, Well-Eating counseling and various events on the weekends.
- Visit our website www.EzentialWellness.com or Facebook www.facebook/ezentialwellness for schedules and pricing of yoga classes and events.
- All Bridgewater residents receive **10%** off any 5, 10, 20, or 40 set of yoga classes. (Excludes: the NEW student 5 Class special, Monthly Unlimited pass, and any workshops or events.)
- To reach us please call [\(908\) 526-0002](tel:9085260002) or email us at ezentialwellness@gmail.com

Please bring in this flyer for your 10% discount!

